RELIANCE VITAMIN CORPORATION

3775 Park Ave EDISON, NEW JERSEY 08820

CERTIFICATE OF ANALYSIS

Product:	Chaga Mushroom Capsule	Control Number:	2021-05259	
For:	Reliance	Expiration Date:	Sep-24	
Preliminary Observation:		Manufacturing Date:	Sep-21	

Physical Identification Compares Favorably with Standard Samples.

Assay 1	Specification Limits	Result	Method	
Total Weight	587 mg - 717 mg	617 mg	USP <2091>	
Disintegration	NMT 30 minutes	10 minutes	USP <2040>	
Appearance	Size #00 clear capsule. Light brown/beige/sandy nowder.	Size #00 clear capsule. Light brown/beige/sandy powder.	Organoleptic	

QUANTITATIVE ANALYSIS

Actives:	Label/ 2 Capsule	Range	Results	Method	Rationale
Total polysaccharides	400 mg	≥100 %	419.31 mg	UV-VIS	1
Organic Chaga (Inonotus obliquus) Mushroom Mycelium Powder (Standardized to 40% polysaccharides [400mg])	1000 mg	≥100 %	Process Control	Process Control	2
Heavy Metals	Specification	Results	Method	Rationale	
Arsenic	NMT 10 mcg/serving	< 1 mcg/serving	ICP-MS	2	
Cadmium	NMT 4.1 mcg/serving	< 0.1 mcg/serving	ICP-MS	3	
Lead	NMT 0.5 mcg/serving	< 0.1 mcg/serving	ICP-MS	3	
Mercury	NMT 0.5 mcg/serving	< 0.1 mcg/serving	ICP-MS	3	
Other Ingredients					
Vegetarian capsule (modified cellulose, water), silica.					
Heavy Metals	Specification	Results	Method	Rationale	
Gluten	NMT 20 ppm	Pass	Elisa	3	
Microbiological Testing:	Specification	Results	• Method	Rationale	
Total Plate Count	NMT 100,000 cfu/g	8,400 cfu/g	USP <2021>	1	
Yeast and Mold Count	NMT 10,000 cfu/g	< 10 cfu/g	USP <2021>	1	
E coli	Absent	Absent	USP <2022>	1	
Staphylococcus aureus	Absent	Absent	USP <2022>	1	
Salmonella	Absent	Absent	USP <2022>	1	

This is to certify that the Product in this Certificate of Analysis is in compliance with

21 CFR Part 111.75 (c)(1)(2)(3)(4)(d)(1) for finished product specifications both met and exempted.

Testing Legend

- 1 represents Testing Program for Physical Tests, Actives, and Microbiological Analysis: Assay 1 to be tested each lot.
- 2 represents confirmed by proper raw material identification, specification testing and process control
- 3 represents Testing Program for Haevy Metals & Glutten Assay 3 to be tested twice annually.

Product will be released based on allowance for 15% testing variance.

Reliance Item # 1058

Quality Control 10 15 2021